

The Art Of Detachment

What is the best we can do for the ones we love?

– Pray and forgive.

What is the best we can do for the ones we appreciate?

– Love and release.

What is the best we can do for the ones we feel responsible for?

– Offer good will,
 Love them unconditionally,
 Return them to the hands
 of the Supreme,
And never give up on them.